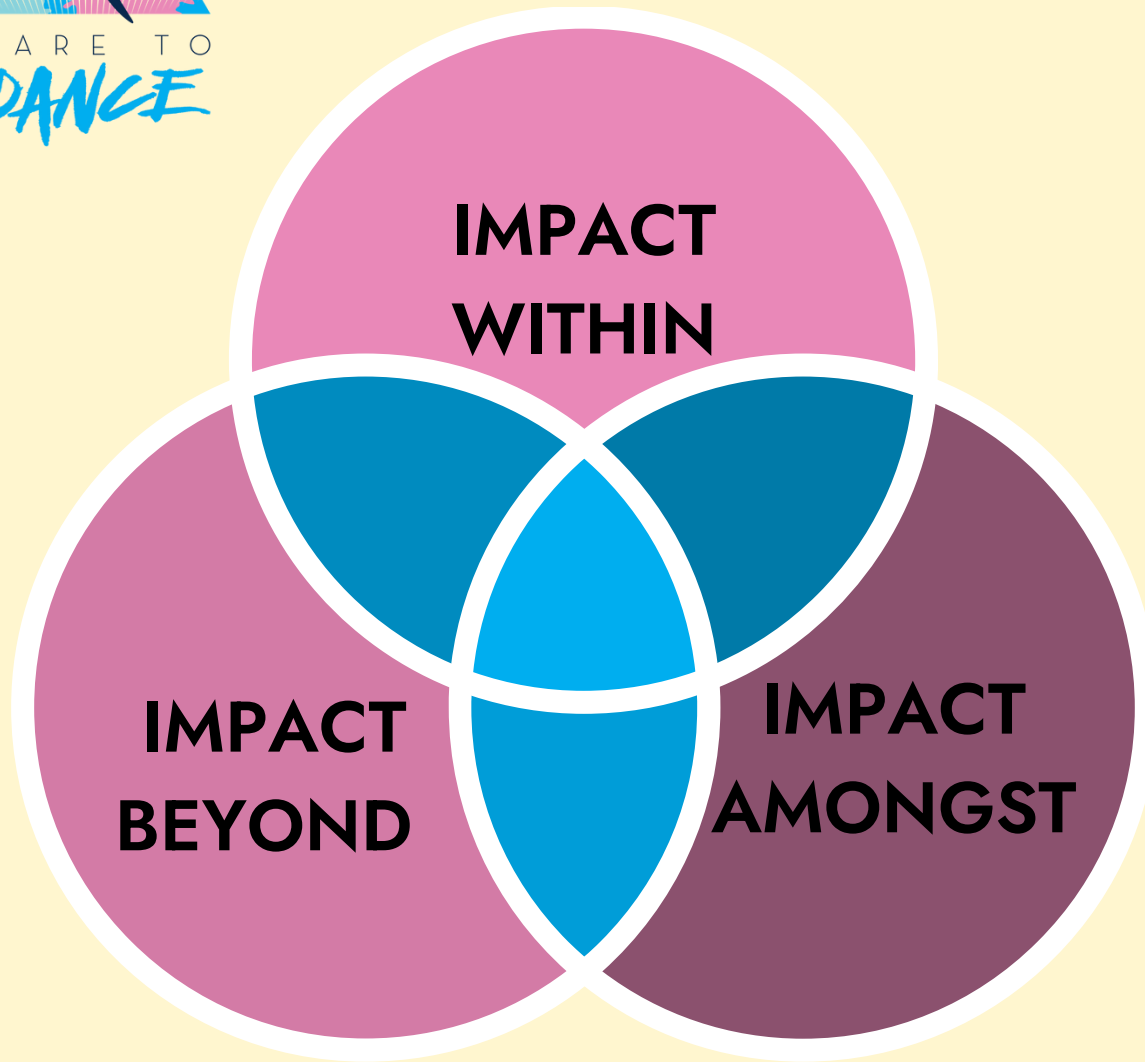




IMPACT MODEL



• **IMPACT WITHIN**

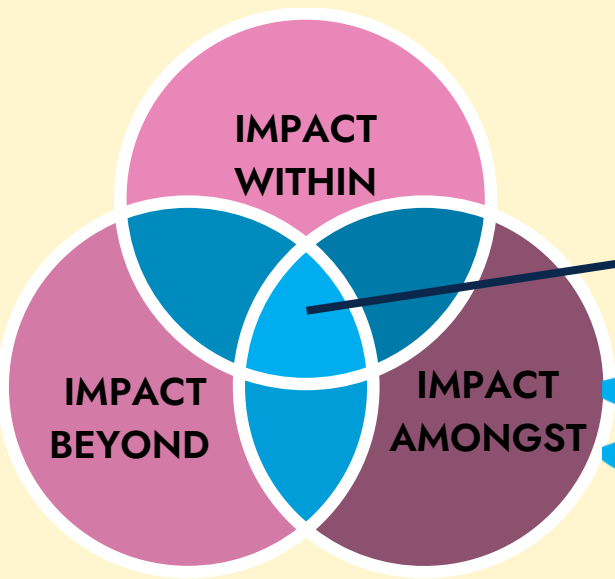
- Dance classes
- Social events
- Dance Leadership Qualifications
- Performance opportunities
- Platform to build relationships
- Ambassador programme
- Trauma-informed delivery model

• **IMPACT AMONGST**

- Mentoring young people holistically in collaboration with other organisations.
- Collaboration with organisations who share similar missions and values.
- Providing employment opportunities for care-experienced young people.
- Providing leadership skills for life.
- Working in partnership with Local Authorities.
- Ambassador programme engaging young people in wider systemic discussion.

• **IMPACT BEYOND**

- Changing the narrative of care-experienced young people within society.
- Creating more opportunities through collaboration.
- Leading by lived experience.
- Supporting young people throughout childhood into adulthood.
- Providing transferable skills in all aspects of their life.



Our Impact Model demonstrates our approach to supporting care-experienced young people holistically and in driving positive systemic change within the sector.

Impact Within

Impact that is derived from our core programmes. Within Care to Dance, we utilise a holistic approach to support young people. As an organisation led by Social Workers, we practice through a trauma-informed lens which provides vital support for young people who have experienced a lot of challenges in their life. Through the combination of Social Work and Dance, we facilitate a safe space for young people to feel a sense of community and belonging.

We provide 12-week and 12-month programmes where young people learn different genres of dance, attend a variety of social events, and have opportunities to perform at a range of events. Alongside this, they have opportunities to complete their Level 1 and Level 2 Dance Leadership Qualifications, led by a Qualified Social Worker. Many young people then go on to become an Ambassador and support the delivery and development of our programmes.

Impact Amongst

Within Care to Dance, we are passionate about collaborating with local organisations and initiatives who share similar missions and values to us. Partnering with Charities and other initiatives helps to engage young people with support in their local community – whether that be education, employment, health, housing amongst many other aspects!

Similarly, partnering with Local Authorities who aspire to support young people creatively is key in maximising impact for young people. Working in partnership with the Virtual Schools, Social Workers and Foster Carers enables us to support more young people and adapt our approach to meet the needs of everyone, driving inclusivity throughout our culture. We are always eager to expand our partnerships as we feel that positive change more often occurs through a collaborative approach.

Alongside these partnerships, we aim to support young people through workshops and mentoring to develop their key skills and work experience through paid opportunities as well as opportunities to become an Ambassador. We are motivated to increase employment opportunities for care-experienced young people, including Dance Teaching, support with our social media strategy as well as most recently, we have appointed our first Business Administrator Apprentice!

Our Impact Model demonstrates our approach to supporting care-experienced young people holistically and in driving positive systemic change within the sector.

Impact Beyond

Facilitating wider systemic change that promotes better experiences for care-experienced young people and a more inclusive society is a passion within Care to Dance. Our inspiring Ambassadors frequently engage in wider discussions within the sector. Whether that be through starting their own podcast, attending a training event for Student Social Workers, creatively sharing their stories through dance amongst many other means of participation. Leading by lived experience is paramount in ensuring the young people are at the heart of any work, decisions and even in the language we use.

As Social Workers, we noticed the challenges of young people leaving care and the reduction in support that they might receive. Therefore, we support any care-experienced young people until the age of 25, supporting them to experience a community and belonging as they move into independence.

How do the three interlink?

Evidence highlights the impact that dance can have on a young person, particularly those who have experienced trauma. As a result of providing our holistic delivery model, we strive to achieve several positive outcomes for young people. Combining Impact within, Impact Amongst and Impact Beyond maximises the impact amongst our young people and across the sector. As described in our Care to Dance Impact Bubble, this approach increases young peoples' confidence, mental and physical wellbeing, creates a sense of belonging within their community, increases employment and educational engagement alongside many other outcomes. All of which intertwine with one another and causes a positive ripple effect within their individual lived experience, the wider community and the sector.

If you would like to hear more about us and hear from the young people directly, check out our [website](#) and our latest [Impact Report!](#)